

Mediterranean Greek Salad

Ingredients

3 cucumbers, seeded and sliced
1 1/2 cups crumbled feta cheese
1 cup black olives, pitted and sliced
3 cups diced roma tomatoes
1/3 cup diced oil packed sun-dried tomatoes, drained, oil reserved
1/2 red onion, sliced



Directions

In a large salad bowl, toss together the cucumbers, feta cheese, olives, roma tomatoes, sun-dried tomatoes, 2 tablespoons reserved sun-dried tomato oil, and red onion. Chill until serving.

Nutritional Information

Servings Per Recipe: 8

Amount Per Serving

Calories: 131

Total Fat: 8.8g

Cholesterol: 25mg

Sodium: 486mg

Total Carbs: 9.3g

Dietary Fiber: 2.1g

Protein: 5.5g

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