



**CFWLS  
Nutrition  
Store**



Call now **757.873.1880**

Gluten Free	Aspartame Free	Product	Price	Gluten Free	Aspartame Free	Product	Price
		<b>Protein Flavorless Additive 17g</b>				<b>Dessert Mixes - 7 Pak &amp; Pint 15 &amp; 90g</b>	
X	X	100% AnyWhey 30 Servings	35	X		Proti Jello Straw Ban Mix	12.00
X	X	100% AnyWhey 60 Servings	70	X	X	Fit Freeze Vanilla & Choc	10.00
		<b>Protein Meal Replacements 21-29g</b>				<b>Anytime Ready to Drink &amp; Eat 15g</b>	
X		Weight & Inches Chocolate	19	X	X	Proti Anytime Chocolate/6 Pak	18.00
X		Weight & Inches Vanilla	19	X	X	Proti Anytime Vanilla/6 Pak	18.00
X	X	Leaner Living Vanilla	40	X	X	Proti Pudding Van 4 pack	10.00
X	X	Leaner Living Latte	40	X	X	Jello, 15g Tropical & Grape	2.99
X	X	Leaner Living PB Choc	40	X	X	Yogurt, 15g Peach & Straw	2.99
X	X	Leaner Living Chocolate	40			<b>Hot Protein Drinks - 7 Pack 15g</b>	
X	X	Protizyme Banana Crème	42	X		Cappuccino/7 Pak	12.00
X	X	Protizyme P B Cookie	42	X		Cappuccino Amaretto/7 Pak	12.00
X	X	PureLean Vanilla Bean	40	X		Cappuccino Vanilla/7 Pak	12.00
X	X	PureLean Chocolate	40	X	X	Hot Cocoa Classic Choc/ Pak	12.00
				X	X	Hot Cocoa Irish Cream/7 Pak	12.00
		<b>Shake or Pudding Mix - 7 Pack 15g</b>		X	X	Hot Cocoa Marshmallow/7 Pak	12.00
X	X	Pudd & Shake Choc Mint/7 Pak	12			<b>Protein Soups - 7 Pack 15g</b>	
X	X	Pudding & Shake Straw/7 Pak	12			Bouillon Beef/7 Pak	12.00
X	X	Pudding & Shake Choc/7 Pak	12	X	X	Bouillon Chick/7 Pak	12.00
X	X	Pudding & Shake Van/7 Pak	12	X	X	Creamy Tomato/7 Pak	12.00
X	X	Pudding Butterscotch/7 Pak	12	X	X	Chicken Noodle/7 Pak	12.00
				X	X	Creamy Chicken/7 Pak	12.00
		<b>Bottled Protein Shakes 15g</b>		X	X	Creamy Veg/7 Pak	12.00
X	X	Stevia Shake Vanilla	2		X	Creamy Mush/7 Pak	12.00
X	X	Protein On The Go Vanilla	2	X	X		
X	X	Protein On The Go Chocolate	2			<b>Vitamins</b>	
X	X	Protein On The Go Mocha	2			Multivitamin Tabs	15.99
X	X	Protein On The Go Peach	2	X	X	<b>Chewable Multivitamin</b>	13.99
				X	X	Lemon Flavored EFA's	15.99
		<b>Protein Juice Mix - 7 Pack 15g</b>		X	X	Mag-Potassium Aspart	11.99
X	X	Proti 15 Lemon/7 Pak	12	X	X	B Complex Plus 60	15.99
X		Proti 15 Peach Mango/7 Pak	12	X	X	P-5-P	17.99
X	X	Proti 15 Berry Blast/7 Pak	12	X	X	Biotin	11.99
X	X	Proti 15 Orange/7 Pak	12	X	X	Vitamin D3	10.99
X		Proti 15 Grapefruit 7/Pak	12	X	X	Cal-Mag+D3	13.99
X	X	Proti 15 Liquid Green Tea & Cran	12	X	X	Flax Seed Oil	11.99
X	X	Proti 15 Liquid Pomegranate	12	X	X	Carb Blocker	19.99
X	X	Proti 15 Liquid Mixed Berry	12	X	X	Chromate	8.99
X		Grape Juice Mix/7 Pak	12	X	X	Iron Chelate	11.99
X		Pineapple Juice Mix/7 Pak	12	X	X	Fiber	17.99
X		Raspberry Tea Mix	12	X	X	Melatonin 3mg	8.99
X		Peach Tea Mix	12	X	X	Thyroid Support	21.99
		<b>Bottled Juice Mix 15 &amp; 20g</b>		X	X	Phyto-ADR	17.99
X	X	Pineapple Orange Bottle Juic	2	X	X	Glucose Support	28.99
	X	Proti Max Mango Smoothie	2.25	X	X	Cinnamon Extract	16.99
	X	Proti Max Straw Banana	2.25	X	X	CoEnzyme Q Chewable	35.99
	X	Proti Max Lemon Razy	2.25	X	X	L-Carnitine Tartrate	38.99
	X	Proti Max Latte Smoothie	2.25	X	X	Garcinia Cambogia	16.99
		<b>Flavorings</b>		X	X	Green Tea Extract	22.99
X	X	Capella Flavor Drops	7.5	X	X	Probiotic	29.99
X	X	PB2 Peanut Butter Powder 1lb	12	X	X	Weight Loss Vit Pack	50.00
X	X	CPB2 Peanut Butter Powder 1	12	X	X	Combat Carbs Vit Pack	26.00
				X	X		

Gluten Free	Aspartame Free	Product	Price	Gluten Free	Aspartame Free	Product	Price
		<b>Protein Breakfast Food 7 Pak</b>				<b>Snacks</b>	
X	X	Apples n' Cinnamon Oatmeal	12	X	X	White Cheddar Puffs	1.50
X	X	Maple & Brown Sugar	12	X	X	Chips BBQ	1.50
	X	Protein Pancakes	10	X	X	Chips Sea Salt & Vineg	1.50
	X	Chocolate Chip Sweet Rolls	12	X	X	Chips Ranch	1.50
				X	X	Chips Pizza	1.50
				X	X	Dill Pickle Krinkles	1.50
		<b>Protein Bars - 7 Pack</b>			X	Sour Cream & Onion Zips 7/Pak	12.00
X	X	Crisp n' Crunch Cinnamon	12		X	BBQ Potato Zips /7 Pak	12.00
X	X	Crisp n' Crunch Fudge Graha	12		X	Sour Cream & Onion /7 Pak	12.00
X	X	Crisp n' Crunch Peppermint	12		X	Sea Salt & Vinegar /7 Pak	12.00
X	X	Crisp n' Crunch Caramel Cocoa	12		X	Toast Parisien Rusk Bread	12.00
X	X	CFWLS Caramel Brownie	12	X	X	Ostrim Turkey Maple Br. Sug	2.00
X	X	CFWLS Caramel Crunch	12	X	X	Ostrim Turkey Applewood	2.00
X	X	CFWLS Caramel Nut	12		X	Ostrim Elk Teriyaki	2.00
X	X	CFWLS Peanut Cara Delight	12	X	X	Ostrim Elk Sweet Spicy	2.00
X	X	CFWLS Rockie Road	12	X	X	Ostrim Ostrich Pepper	2.00
X	X	CFWLS Peanut Butter	12	X	X	Ostrim Ostrich BBQ	2.00
X	X	CFWLS Creamy PBJ	12		X	Ostrim Ostrich Teriyaki	2.00
X	X	CFWLS Straw Cheesecake	12	X	X	Runninwild Steak Teriyaki	5.50
X	X	CFWLS Creamy Variety Pac	12	X	X	Runninwild Steak Hickory	5.50
X	X	CFWLS Oatmeal	12	X	X	Runninwild Steak Original	5.50
X	X	CFWLS Crispy Variety Pac	12	X	X	Runninwild Steak Hot Spicy 3.3	7.00
X	X	CFWLS Crispy Cinn & Rais	12			<b>Protein Entrees</b>	
X	X	CFWLS Crispy Lemon Mer	12		X	Turkey Chili with Beans	5.00
X	X	CFWLS Crispy Choc Peanut	12		X	Chicken Ravioli in Marinara	5.00
X	X	CFWLS Crispy PBJ	12		X	Vegetable Stew with Beef	5.00
X	X	Proti Caramel Delight	12		X	Gravy with Pot Roast	5.00
X	X	Proti Chocolate Peanut	12	X	X	Miracle Noodles Angel Hair	3.00
X	X	Proti Vanilla Peanut	12	X	X	Miracle Noodles Spinach Angel	3.00
X	X	Proti Choc Soy Malt Balls	13				
	X	Proti Wafers Dark Chocolate	13	X	X	Spray Salad Dressing Balsamic	9.00
	X	Proti Wafers Mocha	13	X	X	Spray Salad Dressing Honey Mus	9.00
	X	Proti Wafers Vanilla	13	X	X	Red Wine Dressing 7/Pak	5.00
	X	Snackergy Choc Treats	10				
	X	Snackergy Vanilla Treats	10			<b>CFWLS Gear</b>	
	X	Biscotti Almond Chip	7.50	X	X	Whisk Ball Shaker Cup	8.00
	X	Biscotti Chocolate Chip	7.50	X	X	Teal Blue Tote Bag	3.00
	X	Biscotti Lemon	7.50	X	X	X-Long Gym Towel	12.00
	X	Biscotti Chocolate Fudge	7.50	X	X	Yoga Mat	10.00
	X	PowerCrunch Bars All Flavor	1.99			<b>Dr. Clark's 2 Week Plans</b>	
				X		<b>Jump Start Diet Plan</b>	<b>179.00</b>
X	X	ShapeWise Chocolate Chews	12	X		Quick Fix Diet Plan	249.00
X	X	ShapeWise Lemon Chews	12	X		2 Weeks to Wow	299.00

We cannot guarantee that all gluten-free products are 100% gluten-free. They may be manufactured in plants that use gluten in other products. Please read labels carefully.

Prices Subject to change with out notice

Store Hours: M-F 9am-7pm S: 9am-2pm | 645 J. Clyde Morris BLVD, Newport News, VA 23601 | cfwls.com