spinach salad with chicken, avocado and goat cheese

Yield: 4 servings Prep Time: 20 min

Ingredients:

SALAD:

8 cups chopped spinach (1 bag)

1 cup halved cherry or pear tomatoes

1/2 cup corn (frozen, canned, or cut off the cob)

1 1/2 cups chopped cooked chicken

1 large avocado, sliced

1/3 cup crumbled goat or feta cheese

1/4 cup toasted pine nuts

DRESSING:

3 tablespoons white wine vinegar

2 tablespoons extra-virgin olive oil

1 tablespoon Dijon mustard

salt and freshly ground black pepper, to taste

Directions:

- 1. Place spinach in a large salad bowl. add remaining salad ingredients.
- 2. In a small bowl, whisk together the dressing ingredients. Pour over the salad and toss (a little at a time... as much dressing as you desire).

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