**Pears with Creamy Cinnamon Dip**

Fresh pears served with a cream cheese/cinnamon dip.

**Ingredients**

4 oz Cream Cheese, light, classic

2 tbsp sugar

3/4 tsp ground cinnamon

1/4 cup fat free milk

1/2 tsp vanilla extract

2 each medium pears

**Directions**

1. Place the cream cheese, sugar, and cinnamon in a bowl and beat on a low speed until blended.
2. Add the milk and vanilla and beat until smooth. Serve with pears.

Makes 3 servings

Nutrition Facts:

Calories 173.3

Total Fat 7g

Total Carbohydrates 28.1g

Dietary Fiber 4.2g

Protein 5.2g



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