

## Sensational & Simple Baked Chicken

Only 5 ingredients!

### Ingredients

4 boneless-skinless chicken breast halves  
¼ cup butter  
1 tsp salt  
¼ tsp pepper  
½ tsp tarragon



### Directions

1. Preheat oven to 350 degrees.
2. Melt butter and stir together with salt & pepper.
3. Arrange chicken in baking dish.
4. Brush each piece with butter until thoroughly coated. Pour excess over the chicken.
5. Sprinkle with tarragon.
6. Bake 30-35 minutes or until juices run clear.

Serves 4

Nutrition Facts: (each ball)

Calories 227

Total Fat 14g

Total Carbohydrates 0g

Dietary Fiber 0g

Protein 34g