Lime & Cilantro Shrimp Skillet

Tangy & tasty with a hint of smoke!

Ingredients

1 Tbls olive oil
1 Tbls butter
2 limes, sliced thin
4 cloves garlic, minced or crushed
1 tsp smoked paprika
½ tsp red pepper flakes (if desired)
½ cup white wine
2 lb large shrimp (peeled & deveined with tails)
1 Tbls Fresh ground pepper
½ Tbls Sea salt
½ cup fresh cilantro, chopped



Package of riced cauliflower - cooked

Directions

- 1. Heat oil over medium to high heat and allow to coat the bottom of the cast iron skillet.
- 2. Add butter and heat until it bubbles.
- 3. Add lime slices and garlic. Cook for 30-45 seconds.
- 4. Add paprika, salt, peppers & wine and allow to simmer for 2-3 minutes to reduce by half.
- 5. Add the shrimp and stir often allowing it to cook until pink. Remove from skillet and plate.
- 6. Serve with riced cauliflower and sprinkle with more cilantro if desired.

Makes 4 servings

Nutrition Facts: (not including cauliflower)Calories255Total Fat8gTotal Carbohydrates2.5gDietary Fiber0gProtein34g