

Our Non-Surgical Weight Loss Program, My Weight Loss Academy™, is a 3-Month program you can Live with for Life! My Weight Loss Academy™ is an online program that simplifies what you need to know so you not only lose weight but understand how to keep it off for life! You now have the ability to finally experience long-term successful weight loss, feel better, have more energy, live an active life and focus on what you “can” do rather than what you “can’t” do. You will realize you have been making weight loss more complicated (and less fun) than it has to be.

Program Includes:

My Weight Loss Academy™ digital program.

BONUS 21 Day Challenge *Your Weight Loss Plan for a Lifetime of Success*

BONUS *Losing Weight USA* membership.

BONUS Easy to Use Meal Planning & Journaling Templates (PDF)

BONUS Online Healthy Recipes (PDFs)

BONUS Carbohydrate Counter Tool (PDF) Remove the mystery of counting carbs!

BONUS Weekly Online Lifestyle & Behavior Modification “How To” Classes

BONUS Fitness Videos

*Lab Consultation with Dr. Clark necessary for consideration for appetite suppressant. Nutritional counseling needed while on prescription.

Cost: \$274 (includes 6 nutritional counseling sessions) or \$49 (education only)

21 Day Challenge \$19.00

Includes: 21 Day Challenge Guide, Daily Charts, Goal Setting Chart, Journaling & Meal Planning Templates

Meal Replacement Plans (Dr. Clark’s Jump Start, Mini Jump Start & 28 Day Weight Loss Plan) are available in the Nutrition Store or online at www.CFWLS.com/shop-online/

- **Dr. Clark’s Jump Start Plan** - Meal plan (5 shakes/day) \$230.00
 ✓ Includes: 10 boxes Weight & Inches & Body Composition Analysis
- **Dr. Clark’s Mini Jump Start Plan** - Meal plan (3 shakes/day & 1 meal/day) \$135.00
 ✓ Includes: 6 boxes Weight & Inches & Body Composition Analysis
- **Dr. Clark’s 28 Day Weight Loss Plan** – Meal Plan (3 shakes/day & 1 meal/day) \$360.00
 ✓ Includes: 12 boxes Weight & Inches, 2 Counseling Sessions, 1 Bottle B-Complex Vitamins
 or 2 Lipo+B Injections, 1 Bottle Chromate, 2 Bottles Garcinia Cambogia, Less Waist...More Life Book,
 Losing Weight USA Subscription, & Text Support

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- **Lab Consultation with Dr. Clark** may be purchased separately for \$225
- **Nutritional Counseling Sessions** may be purchased individually for \$45 or as a package (6 for \$225.)
- **Lipo+B Vitamin Injections** may be purchased individually for \$35 or as a package (4 for \$120.)
- **Losing Weight USA Webinar Series** may be purchased separately for \$49/year
- **Pharmaceutical-Grade Vitamins and Supplements** available at www.CFWLS.com/shop-online/

Pricing subject to change.