

## Mediterranean Cauliflower Rice

Light & easy dinner – perfect for a weeknight!

### Ingredients:

1 pkg frozen riced cauliflower  
6 oz. cooked chicken breast, diced  
6 kalamata olives, sliced  
6 cherry tomatoes, halved  
4 Tbls. Chickpeas, rinsed  
1 tsp olive oil  
1 tsp lemon juice  
3-4 basil leaves, sliced

### Directions:

Cook cauliflower per package instructions.  
Mix all ingredients together in serving dish  
and toss to blend oil & lemon juice.

Makes 2 servings

### Nutritional Information:

248 Calories

Fat 7.4g

Carbs 20.5g

Fiber 6.3g

Protein 24.5g

